Volume 26, Number 2 Spring 2010

 OFF
 THE
 BEATEN
 PATH

 Newsletter of the Barbara Kettle Gundlach Shelter
 Spring 2010

JOIN US For Our 2nd Annual Music Event and Silent Auction

Sunday, March 21st 2:00 to 4:00 p.m. Forestry Building Atrium MTU Campus

Barbara Kettle Gundlach Shelter Home for Abused Women, Inc.

<u>Staff</u>

Emily Newhouse, Executive Director Tammie Dupuis, Shelter Manager/Volunteer Coordinator Mary Niemela, Houghton/Keweenaw Outreach Advocate Susan Guilbault, Ontonagon Outreach Advocate Nickole Hubert, Children's Worker/Community Advocate Laurel Johnson, Counselor Marcia Frantti, Administrative Assistant Janet Fox, Relief Worker Blanche Raudio, Relief Worker Mary Fosness, Relief Worker Jacklyn Thurston, Relief worker

Bookkeeping Services provided by Linda Hale, C.B., Inc.

Board of Directors

Ann Brady Anni Gregor Chipo Hungwe Ann Kitalong-Will Doreen Klingbeil, *Chair* Mary Raber Cari Raboin Anne Warrington

A SPECIAL THANK YOU TO OUR VOLUNTEERS

Wendy Mattfolk Diana Langdon Mark Jindrich Rhonda Brey

Carol Salo Wendy Simmons Dawn Tuovila

OFF THE BEATEN PATH

<u>Staff</u> Cari Raboin, Editor Emily Newhouse Tammie Dupuis

<u>Layout and Typing</u> Cari Raboin

<u>Printing</u> Copper Island Printing & Graphic Services, Inc. Shelter Crisis Line 337-5623

Ontonagon Outreach Office 884-4004

Website BKGShelterhome.org

Off the Beaten Path is the newsletter of the Barbara Kettle Gundlach Shelter Home, a non-profit agency. Any part of OTBP may be reproduced WITHOUT permission. To receive OTBP, write P.O. Box 8, Calumet, MI 49913 and ask to be placed on our mailing list. A donation of \$5.00 will help defray printing costs.

From the Director's Desk

Emily Newhouse



For 30 years this agency has been providing shelter and support services for domestic violence victims and their children. We have been fortunate to have adequate funding and a generous community. Many of our grant amounts have remained the same for this year; however the focus of some funders is changing. You have probably heard the term rapid re-housing used when referring to programs for homeless. While immediately entering new housing may be a viable option for many homeless, it is not always the best option for those homeless due to domestic violence.

According to the National Alliance to End Homelessness, "Domestic violence is the immediate cause of homelessness for many women. In a national survey of homeless people, domestic violence was the second most frequently stated cause of homelessness for families, with 13 percent of homeless families saying that they had left their last place of residence because of abuse or violence in the household. Domestic violence victims have both short- and long term housing needs that must be met so that they do not need to choose between staying with their abuser and sleeping on the street. Immediately, domestic violence victims need a safe place to stay. Emergency shelters are an important temporary haven for domestic violence victims."

We appreciate your support in helping our agency continue to provide these necessary services. We could not do this work without you!

Brunch Ski Sunday, March 14

10 a.m. to 1 p.m. to benefit Shelter

In coordination with the Great Bear Chase Ski Race at Swedetown Trails, Calumet, we are offering a late morning opportunity on Sunday to ski and eat.

The entire route will be 10 kilometers from the chalet and back. All food tables will be set up along beginner trails with the opportunity to ski more challenging trails if so desired.

You must have a ticket to participate. They are \$10 until March 13 and \$20 the day of the event if there are still tickets available. For more information call us at 337-5632.

Thanks to generous support from local businesses, we will have breakfast pizza or pasties, great coffee, tea, freshly baked donuts and muffins, fruit, and...if you ski far enough... smores!

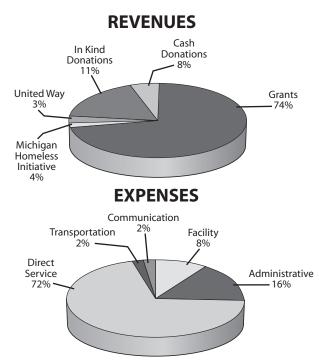
We would like to thank the following area businesses for their donation to this event: Holiday Hot Stuff, 5th and Elm Coffee House, Conglomerate Café, Connie's Kitchen, Pat's IGA, Louie's Superfoods, and Toni's Country Kitchen.

Special thanks to the Copper Island Cross Country Ski Club for letting us join their exciting weekend activities.

Great Bear Chase Events begin Friday, March 12 with the start of the Copper Dog Marathon to Copper Harbor. Junior Bear Chase races are also on Friday and adult races are Saturday morning. The dog sled race will finish in Calumet early Sunday afternoon. So while we are all waiting for them to return, come join us for the fun and good food at the 1st Annual Brunch Ski, with proceeds benefiting the Barbara Kettle Gundlach Shelter.

Page 6

The Year In Review



- 1040 individuals were served through the crisis line, residential and non-residential services.
- 1891 nights of emergency shelter were provided.
- 114 public awareness and community education were provided.
- 5926 units of individual and group counseling were provided through the agency.
- 408.5 hours of volunteer direct service were provided.



This holiday donation of a candy house from Aspirus Keweenaw Fitness Center made kids of all ages happy.

Shelter Services

These services would not be available in our community without your generous support, which insures this program and its efforts to end domestic violence can be offered everyday of the year.

SHELTER: Maintaining a facility to provide immediate housing 24 hours a day to those in need is a constant, everyday challenge. We have heating, lighting, repair and maintenance costs as any home, with limited income to pay for them.

CRISIS INTERVENTION: We provide a 24 hour, 7 day per week crisis line and staffing of the shelter to attend to needs of those in the shelter, as well as direct services to non-residents. This staffing includes very dedicated volunteers.

COMMUNITY EDUCATION and PUBLIC AWARENESS: are provided about domestic violence and shelter services through presentations by our staff. If you would like a presentation for your group or organization, please call us. There is no charge for these presentations.

COUNSELING: Individual counseling and support groups are available to residents and non-residents. We have a counselor, along with crisis counseling done on the phone or walk in.

PERSONAL ADVOCACY AND SUPPORT SERVICES: are provided through our outreach advocates funded through a STOP grant. An Advocate is located in Ontonagon County, another is available for Houghton and Keweenaw Counties and a Community Advocate added this year through ARRA funds. Advocates are available at the shelter, outreach offices and at hospitals, law enforcement agencies and the court.

VISION STATEMENT

Equality, justice, and well-being for all individuals of our community through the elimination of domestic violence

MISSION STATEMENT

To partner with the community to improve the quality of life in our three-county area by providing a safe, healing environment and support services to those affected by domestic violence

PHILOSOPHY

We are women and men working together to end all forms of violence in personal relationships and within the community.

We recognize that violence in the home is a significant crime impacting the whole community's health and well being.

We believe inequities in the distribution of power within a relationship can result in violence. These inequities are often reinforced by sociocultural factors such as sexism, racism or ageism.

We believe abusive relationships experienced in families and witnessed by children tend to be perpetuated in subsequent generations. The Shelter attempts to break the cycle of domestic violence.

Our goal as an organization is to ensure that victims/survivors and their families received the services in which they have an interest, need or are eligible to receive. We are committed to providing quality services--easily accessible, supportive and timely. We believe services should be delivered in a manner which is client-centered, non-judgmental and culturally sensitive. We strive to protect the dignity and right to self-determination of the persons served.

We recognize that services alone are just one step in the solution to the problem. Our education and advocacy efforts are part of a long-term movement influencing the cultural attitudes and institutional practices to end violent behaviors and hold the perpetrator accountable. By partnering with other human service organizations and the legal system, we work within our community to address these issues in a collaborative spirit.

WAYS TO HELP THE SHELTER

- **Friends of the Shelter** You can make a direct mail, cash contribution to the Shelter through this annual campaign OR make your donations on line at our web site: bkgshelterhome.org
- **Attend one of our fundraisers** We will be having a Brunch Ski at Swedetown Trails on Sunday March 14 and a Music Event on Sunday March 21 at the MTU Forestry Building Atrium. Please join us!
- **Econo Receipts** Econo Foods will donate a portion of every receipt that you designate to us. Send us the slips, drop them by, or give them to staff or Board members if you see them.
- **Household Items** Your contribution of paper products, cleaning supplies or other household items helps us lower our bill for these items.
- **Bequests** You can name the Shelter as a beneficiary in your will and designate a specific dollar amount, specific percentage or specific property to be donated.
- **Cell Phones** If you no longer use an old cell phone, donate it to us and we'll get paid by a company that refurbishes them.

Employer Gifts - Does your employer offer grants, "Casual Dress Days" proceeds, make donations or offer matching gifts for donations you make to charitable organizations? Please include us!

Volunteer - We have many different opportunities for volunteering, - crisis line, child care, cleaning or a member of the Board. Contact us about possibilities.

Barbara Kettle Gundlach Shelter P. O. Box 8 Calumet, MI 49913

ADDRESS SERVICE REQUESTED

Non-Profit Org. Standard Mail U. S. Postage PAID Permit No. 27 Calumet, MI



W	ISH	LIS	T

Light bulbs

Phone cards

Toilet paper

Paper towels

Laundry detergent

Dish towels

Trash bags

Storage bags (quart & gallon)

Have you	moved? Please let us know.
Name	
Address_	
Send to:	Barbara Kettle Gundlach Shelter Home for Abused Women P. O. Box 8 Calumet, MI 49913
	YOU CAN HELP!
	ke to help shelter victims of domestic and their children. Here is my contribution
\$10	\$25 \$50 \$100 \$ Other
Name	
Address_	
Send to:	Barbara Kettle Gundlach Shelter Home for Abused Women P. O. Box 8 Calumet, MI 49913

ADDRESS CHANGE